

## WHAT THE SELF MASTERY SCHOOL OF CREATION CAN OFFER YOU INTRODUCTION PART 2 – 1 BY QALA

### SPIRITUAL VISITATION – DIVINE ASSISTANCE IN A SPIRITUAL PORTAL (PREPARATION FOR THE EXPERIENCE OF DIVINE FREQUENCY AND ASSISTANCE)

So speaking about the school again... it's a very structured school; the structure of it has been designed by the Enlightened Masters; the way the whole school is formed is that it is blueprinted through divine visitation – I don't know if you all know what divine visitation is, not everybody has them, but I will explain a bit about it because it is very unusual and it's not something that is right out there and talked about a lot but basically divine visitation takes place when a spiritual portal opens. The spiritual portal opens behind the back of your heart, that's how a spiritual portal opens for you; for a group it comes through a central pillar that's why we have created this altar here, because we're going to have a little experience; we've placed a few crystals on the altar because they love to ground the energy into the crystalline matrix of the earth... you can imagine all those massive crystals that are inside the earth that are down in the lava... if you can imagine we don't get to see or connect with them, but when a spiritual portal opens, it opens through the universe... it means that frequencies from beyond our earth plane, beyond the surface of the Earth, beyond the surface of the sun, beyond the realms of the sun where the celestial spheres get very large; if you can imagine how large Arcturus is. I don't know if you have ever seen how big these stars are that are in the heavens and a comparison of them to the Earth... the little tiny Earth that we live on, tiny weeny little thing compared to this gigantic huge celestial sphere that we see as a pinpoint in the sky which looks so small in the heavens when we look at it with our eyes but when you really get closer to it, if you could do that, it would be thousands and millions of times possibly bigger than the Earth.

So these massive gigantic spheres are like portals, these stars in the heavens – to bring in special energy to the Earth. Sirius is one of them. Sirius has been known through all of history, through all the ancient times as a guiding light for our evolution here. Many of the traditional indigenous people understand about Sirius and the Pleiades and they would do many ceremonies in connection to that; they would plant their crops in accordance to it, they would create their lives guided by the stars. Now they didn't do that because it looked pretty up there, they did it because there was divine consciousness energy coming in and also that it activated something inside of them: , more unity.

Now we all know that on the planet there is a little bit of an issue with unity here because we still have war, we still have people fighting over even things in their house, and husbands and wives fighting and kids, and you know, the whole thing... there's all this lack of unity sometimes, and it's not that we aren't all trying to be united, we are, as a human race, we are trying very hard but we carry karma and if you get a whole bunch of people with this wound inside their heart together, you will get them all fighting with each other, until one of them decides they are going to go away and heal it. And when they decide to heal it they heal it for a group as well.

It's one thing I wanted to share about the training; is because we are a collective – we live in a collective consciousness... we can never separate ourselves off, even though we might think our bodies are separate and see them as separate, right now at the moment, all of your thoughts and mine are one... and sometimes you enter a room and you don't like it because all of the thoughts in the room aren't so pleasant and you drop your vibration. Sometimes you go into a room and it's a wonderful feeling going in there because the thoughtforms that are in the room and the beings in there or the ones that they have left behind have been loving... and you feel ahhhhhhhhh – supported. But pretty much on the Earth we can't get away from this; we can't get away from the feeling of going somewhere we might get affected and drop our vibration or, oh pleasantly being surprised and being raised – and that's what they call duality.

The thing with when you open your power up you actually can create your reality to be that when you have your field open and you go into a place, the thing in the fields don't affect you anymore. I've had that experience, I've had it for about ten years where actually other people's fields, their thoughts and whatever's gone on in the place, my frequency is at a high enough level that actually it doesn't drop from others and I raise others usually, or I try to, if they want to receive the energy and receive consciousness. I know it's a bit of a new concept that we share consciousness but you know, a lot of us know this, but it's really the true reality on the Earth and the one really special thing about doing training with the Enlightened Masters is that you do go on a very deep journey, but it is of the highest service. The service that you do to the collective and the group, your family, your loved ones – because someone has to at one point stop everything... stop playing the games, stop holding back their power, doesn't matter who it is but it only takes one... one in the family to step forward and say "I'll be the one... maybe the rest of my family might think I'm crazy doing this, I'm not all of a sudden focused on everything out there about my new house and my money and I'm spending money on this and they've no idea what it's going to produce for me" but I can tell you, I've trained a lot of students and they've all had to meet that, had to meet their families and all of that, not understanding all of it, but the truth of it is the healing that happens from it, because you are one with those beings – you are more one with them than anyone else on the planet, you know you are part of the collective and you share consciousness with everybody and you can't stop that, no matter what... yeah? and you know sometimes you feel like everyone's dragging you down, sometimes they're raising you up.

The thing is when you open your power up you do shift it for others to be able to shift them; and I don't know how profound that is for you but to me that is one of the most profound things that we can do here is actually choose something in our life to benefit others. And I'm getting back to that whole story about, because all of us here, I know, have already chosen to be kind, loving, supportive individuals; you wouldn't be sitting in this room with me otherwise, and you have already recognised your light to some degree otherwise you wouldn't be sitting here either. But to me, to utilise your power in that way for a year, not only to benefit yourself but to actually... that's why I teach really, that's why I do another school, with the fact that yes, those 77 are going to come and do that and they're going to

open something strong enough that is going to be a profound effect; it does ripple out, you know, it does ripple out to a great degree... it's unseen at first, how it ripples out.

It's not until you really start using your power because it's one thing to open it - but then to use it in the presence of your family and the presence of those ones that are in your collective, that are closest to you that are your close friends that actually all start looking at you going... 'ok, well if you can do it, I can do it'. They may not have to do the same work and go and do the training because you carry the codes inside of you... you carry them through your eyes... when you look into your husbands' eyes... see not everyone has to do this deep spiritual work on the planet for our planetary transition, but you know, a select number have answered the call... if you are one of them, then you might be coming in training with me if you are interested.

I'm not the only one that's here to activate people, there are so many of us on the planet; you may be an activator on the planet yourself and don't even know it yet, and opening up your power may be the thing that takes you to go into full activation with others. The one thing that we do know is that our planet is needing us... you know, we look at all these issues, we listen on the news all the time about everything... the thing is about using your power is: well, what are you going to use it for? Are you going to use it to benefit just you in your life so you can get on with your life and be as happy as possible – which is a great goal by the way – but the thing is you have to have a lot more power than that... and most people's aim is that, here on the planet. That's why here on the planet we have problems to a degree, because that whole thing about benefitting yourself to the level that you get happy enough is the thing that keeps you in that creation wound in a way. I don't know if that makes sense but until you open your heart fully, you activate your light like I said earlier, you open your power up and you choose that you want to use it for something that is a little bit larger than just your happiness. You will get happiness from doing that, is what I've got to say, you will get happiness from doing that but to wait until you've got the happiness first is a little bit of the duality that we live in here... because often you don't get the happiness until you are doing what you are truly here for – that's my truth. I've watched a lot of people and you know, they are happy with their partner but then that only lasts for so long because not because there's anything wrong with the partner, he's lovely, but there's something else to grow with here, you know, there's another reason I'm here, it's not just to have a partner and you know, maybe I'm happy with my bank account and I'm free enough to go overseas and do this nice thing at the moment, but that's not it either, it's not feeding me either, but it lasts for a little while.

I do my work and my happiness comes from the frequency when I meet myself (this is me anyway)... I get this bliss inside of me and the bliss comes through every molecule of the body and that's one of the beautiful things, when you do it for a long time, you know, you can actually have this ecstatic state internally. I can remember a time when I lived many years ago and I didn't have that and I was seeking outside everywhere... for something, I didn't even know what it was, to be honest... maybe it was in my partnership, a beautiful guy I was attracted to and we got together, and maybe it was this, and maybe I needed to find this in my life and.... it was always outside in my life that I was seeking it and yes I had

wonderful times doing that but it wasn't until I really went inside and opened up inside that I could start receiving without needing to have that from someone else.

And that's what our true power here is, our connection with the universe... it's not related to anybody else. It's not related to our money, our job, our relationship, it's not related to any of that; and when you have it, when you access it, you can put that power into your relationship, into your job and everything can align, you know... and your job and your partnership and everything – all those beautiful things in your life that you may have felt before were going to create you to be happy, can align to your true purpose here. That's when we really get fulfilled, when we're actually feeling that; and it's a unique thing for everybody, it's not like it's a particular job you've got; it's your way of behaviour, it's your way of being, it's an activation of your true frequency inside of you; your soul light, the soul frequency you carry and it's flowing through you. It's a beautiful thing, I do have that and I'm very grateful for that and it gives me the ability to be a teacher, particularly with this subject matter, being entrusted by the Enlightened Masters to do that and it's a blessing for me, because it will also, as Lelama mentioned, create me to grow, and everyone in that group that chooses to grow.

The divine visitations that take place through this spiritual portal that opened... we are going to open the portal up now, it's going to start opening in the next few minutes... I'm not going to actually open this, this is going to give you an understanding of the Archangel Michael and Maitreya and different Enlightened Masters. I want to explain a little bit about the Enlightened Masters because they're non physical; they're not an individual consciousness; they're a very large consciousness and the consciousness as we imagine ourselves as individuals in our physical body, the Enlightened Masters aren't masters over us; they are purely messengers from the heart of God that have enlightened themselves, their soul has become enlightened... means it has complete oneness with the universal field of life, or what you want to call the infinite All that Is, or God or the Universal Spirit – whatever your name is for the oneness is – they have that oneness with that, so they can draw the frequency, they can draw the love, the power in; and they can channel that. And they can channel it to thousands of people simultaneously on the planet, you've probably heard there's a lot of people who are connected with these beings and how come they can all connect with them simultaneously, it's because these beings are not contained in a body. They're a presence. Your presence is similar – you have an enlightened presence as well, believe it or not – your enlightened presence lives and connects to you through the enlightened planes of the Earth. It's a very high frequency plane; there is a Law of Karma, a Law of Creation a stack of universal laws that facilitate the manifestation of everything in our universe that come through that enlightened plane to us.

Part of the training is about receiving the currents of those universal laws as well, because they have the power to align your consciousness. Let's say in your last life you were a beautiful being but you had a hard time with difficult karma that you met and your heart was broken three times in a row and you said 'I will never EVER trust again' and you leave your life in that state, and maybe you went on and did other things but you could never trust after that, could never trust another human being... and you come into this life and you have

big trust issues with people, and you think: 'where has that come from?' It's come from your last life where you made a decision where because of things that happened to you, to do that; well the universal laws by receiving them actually purify that karma very quickly. It's the same with sound... Lelema talked about sound: pure sound vibration when it is brought in through you from your higher self, can shift you more quickly than you going and doing massive amounts of sitting there and working with different techniques on the planet of healing yourself. Just you purely using your own power and opening up your sacred sound, channelling it through your higher self speaking through you; it's a process of bypassing the mind, letting pure sound come through. That sound vibration repatterns the brain. It activates new centres in the brain to open. It enlightens different parts of the brain, as many of you know the brain does coordinate a lot for you here. Right now, probably two thirds of your consciousness whilst you are listening to me is anchored in your brain rather than in your heart, just because we've been talking for about an hour and whatever... so you've got really centred in this area here and it may be even difficult to take in everything.

If you drop your energy down into your heart right now by closing your eyes and really going inside more... which I'm going to ask you to do... becoming heart centred which is difficult when someone is speaking a lot sometimes unless you are very practiced at it, then your consciousness which usually runs, it travels, through the cerebral spinal fluid of your central column... your pure consciousness, that which you have brought in with you is all very connected to your spine. It emanates out in every direction around you when your field and your chakras are open. When your chakras are not open it can't emanate out and it doesn't move through your awareness and you live more in unconsciousness here; more in instinct, more in reaction. These things are normal, especially when there's only three chakras activated... you live in what they call 'a lesser state of who you truly are'. It's not to say that you are not a whole being... you are. You are divine and whole in every way – you are a Holy Being... but you can never experience it when your consciousness is anchored just in the brain, it has to anchor in your heart centre.