

## WHAT THE SELF MASTERY SCHOOL OF CREATION CAN OFFER YOU INTRODUCTION PART 1 – 2 BY QALA

### HOW TO UTILIZE THE POWER OF YOUR SOUL THROUGH YOUR DIVINE PRESENCE CONNECTION

This school is really about that – it's about making that connection with your holy spirit, opening your chakras, igniting it and bringing specifically the power current through. This power comes from not only within out beings but we store it as a soul and it's accessible to us when we have cleared our wound with creation; that means in the last three lives anything we created that wasn't resolved in a beautiful loving way, then we have a little bit of karma with that creation and that's what forms that wound in our energybody in our chakra system... so over the year through the Divine Assistance of sitting in a spiritual portal regularly and then you going back into your daily life doing your stuff, coming back to your source, opening yourself up, receiving the divine energy, you can imagine over a whole period of regularly doing that, you know that something major is going to happen to your energybody, to who you are; and what is going to happen is more of you is going to ground here, more of you is going to open up and other people are going to meet more of you. You're going to discover more of you – a part of you that maybe you haven't discovered yet, that's where the power comes in - and then you have the ability to learn how to utilise that power in a different way than you have previously in your daily life; how to ground that power to do something that fulfils you, they call that your mission work. It's about activating your power so that you can then ground your power to do your soul's mission work; you know there's many different versions of that mission work, but it's something that fulfils the heart, what you are doing with your energy is fulfilling your heart. I'm not saying that every challenge in your life is going to be all of a sudden gone... all of the people that have done the training will testify to that! Not everything in their life has suddenly miraculously you know, become enlightened. But I can tell you that you will have enlightened yourself more... much more... and you will know how to continue that throughout your whole life, because you will be able to draw on that, go inside at any time that you need to, receive frequency, receive love from the universe... you will be able to learn how to not rely on other people's energies to receive energy - because the majority of people out on the street as I am talking about are codependent in their relationships with others and they rely on others to get their energy because the source connection through their chakras isn't fully activated. And that is not necessarily anybody's fault out there or that we have done something to create that, it's something that's inherited through our genetics, here.

The people that join the trainings with me (in the past anyway) have all needed to go through a process of clearing something quite large in their life that is related with their families in some way, to break free of that genetic connection that may somehow lock their chakras. Because one thing that sort of is a reality for all of us is on the Earth no matter who we are, is that our mother and father when they made love to create us, actually seeded their chakra system to form ours, and so a lot of the imprints of the consciousness of our parents and grandparents – it all is held in our chakra system. So you find that, you know, sometimes we don't go beyond what our mother and our father have done before,

unless we open those chakras and then we CAN go beyond it; we can go beyond all of that, we can do things that our mother and father never did. Of course if we are naturally activated in certain chakras, very strong from our childhood, that we were supported to speak our truth deeply and we have got a really strong throat chakra, then the imprints of our parents there would not be affecting us.

So really this power that I am talking about, it's inside of you. I mean you are already using it to the degree that you access it... you use it all the time. Sometimes you probably don't choose to use it – there's times when maybe you hold it back, and you will recognise when you do that; you hold it back for some different reasons, and you sort of balance out whether you hold it back or whether you use it. In the school all of those things will be apparent to you if you choose to do a training with me; it will become apparent to you where you hold back, where you move forward and when you hold back you will be focusing on opening up where you hold back so that you can move forward because really that holding back of your power isn't really a conscious decision. It's something that is partly unconscious and partly conscious in the mind. And you will notice it when you go to work or wherever you are, that you will know where you hold back. I am sure that you are all very aware of that and where you would like to not hold back is another thing. Really the beauty of it is that it can change but you really do have to change the way the chakras are to change how your power is here on the Earth. That's a reality for all of us.

For me, it began about fifteen years ago; I really hadn't done any chakra work or anything before that. I knew about chakras but I really didn't understand them. I had no idea about really what they were, I just heard they were energy centres. My exploration of the chakra system has been fifteen years and it's been quite profound, what I have come to understand through my contact with the enlightened masters, I was really blessed many years ago through their encounter with me and then they came every day... every day – you know it was quite a bit to get used to in the beginning to have these gigantic spirit beings of enlightened consciousness speaking to me every day, but you know, finally it became my life and I became a teacher and the chakras have been the base of it. But it hasn't been the seven chakras that have been the base. It's the twelve that go this way... (motions with hands). In the school we will be working with more than the twelve only because with your power current moving from the Earth where you have to draw it from, you have to open, to really come into your full power you have to open up the connection into the core of the Earth... you draw the power up. You also have to open up the heavenly connection and bring it down. At the moment when many people meditate on the Earth they bring light in; the first frequency people receive is light... and then everyone on their path has to learn how to create love before they can really receive it from the universe – I don't know if that makes sense to everybody – you have to learn to be kind, loving, giving and all those things, and then when you learn that from the light that you have, when you are receiving the light through your breath, you can then receive love. See a lot of people think we want to receive love, we want to receive it all the time, and that's a part of the empowerment process too. When you really want to empower yourself on the planet you have to receive the light first. If you are not receiving the light from the heavens, you won't feel one with

yourself. That's your true base connection here. You will feel like you are always trying to make everyone else happy and you are never happy. And your oneness with yourself comes from others being pleased with you, rather than you being one with yourself no matter, feeling happy with yourself. And that's your light connection, so that's the very essence, that's where you draw energy in though the sun, draw it through the Earth... up. And that's the very base of your power connection.

The next step that you have to be able to do is to create love, like I said. That's where the heart opens and you make the choice to be giving, kind, compassionate and more loving; when that happens or you get awakened to it, then you can receive love from the field, because there is so much love here but most people don't receive it because their hearts aren't fully open because they haven't quite given and chosen to be that kind, giving, amazing, you know... beyond whatever it is, beyond what they think they are in their heads, if that makes sense...

So the heart opening and the light connection – they are the two keys that you will be going through in the school to be able to bring the power in. The power that comes in is a marriage of that love and light. It blends together, it's also the masculine/feminine energy that they talk about in a lot of spiritual teachings, is balanced when that takes place. You know, when you have a union with yourself, union though that. So as this takes place, you can then draw from the heavens and from the inner Earth specific currents that form power : these currents are voidal – I don't know if you have ever heard of the void - the void is pure love but it's so concentrated in the space, the space here of... you know I'm sharing a little bit of frequency with you, it's just a little bit; its partially loving, there's wisdom in it, there's light in it, but it's not voidal. It's not the profound love that you receive from the void – can heal any wound... any wound that you have can be healed instantaneously from this voidal current. You will be working with these voidal currents. The current only exists internally inside the inner Earth.

The inner Earth is a whole different reality to the surface of the Earth here. I don't know, you probably all know about the shift taking place on the planet – well the shift is actually - everyone asks me about the shift at different times - and I say well, the shift is happening internally. Where it is really happening is inside the core of the Earth; the frequency there is raising incredibly, massively... and that frequency is changing us. Many people are awakening on the planet because of it and its changing you. What it's mainly doing is activating you to be more true to yourself, for when you are more true to yourself you are more true to everyone and everything and to life and you truly give who you are here. So basically that power connection that I am talking about is voidal, so it begins with the light connection through the chakras – that's a very simple thing to open up actually, you can do it in one hour – that's how simple it is. One hour meditation you can open your light connection forever. Your heart is more, takes more time to open the heart, because in the heart is where the wound is held, is where you hold the wound as a soul from your last three lives. In the school we are calling that your Creation Wound, yeah? It's the thing that creates you to either move forward or not move forward. Hold back your energy, not shine your light, not shine yourself, speak your truth and all that, follow the path that really you know on the

deepest level is better for you or not to hold it back because of fear, yeah? because that wound's just made of old fear – it's made from memories actually of things that have occurred before where things may not have been so wonderful. Not to say that you haven't had wonderful things happen in your other lives, but you don't tend to carry that as a wound, yeah? And you don't tend to access that wonderful beautiful energy of yourself until you heal the wound either which is a bit of a bummer in a way, but that's the nature of evolution here on the Earth in physical human form, is that we have come here to bring and unite more of ourself, you know it's a plane of integration where you can bring parts of yourself back to your heart as well as then you have the power to create from that but you have no power to create what you truly want unless you have brought that back to your heart, if that makes sense to you.

So that second step is opening the heart, the third is opening the power connection through the universe which for the school begins with the inner Earth, the connection deep into the inner Earth, receiving the voidal energy, this is this highly concentrated love that I was talking about that Mother Gaia holds, and the celestial connection that you open is through the stars... through either Sirius or Andromeda, everybody in the school is aligned to their lineage through either Sirius or Andromeda so you are basically in your meditations you open and send your consciousness and your energy into the heavens through either Andromeda or Sirius, and these great currents come through you. That's basically how the power comes in, it comes in through the inner Earth from the celestial realms, the starry realms, you open up that connection.

What happens is that you open up large bodies that you have that you haven't got open at the moment... larger energybodies... so most people on the Earth live within their auric field, like I said, their three basic chakras that they have developed in their other lives that they haven't closed down, any chakras that they haven't closed down in their other lives are always open and activated here and you carry a little gift through it; but until you have opened up all your chakras you don't really get to fully ground as a soul. And so I wanted to say... where is your soul? If it's not all here...? Wanted to bring that up just really quickly. And I was going to say it's in the other realms of the Earth, because your soul is actually gigantic... your physical body is very small, it's like a tiny little body... and your soul is actually a very large consciousness; every soul is... and when you meet what people call 'great souls', you get to meet the whole soul, yeah? And in some moments you actually probably feel that in yourself, when you're in the most amazing state you have ever been in and you felt your soul more than ever before; but what I want to say is that your soul is an absolutely amazing being – every soul is – every soul, it doesn't matter whether they incarnated here and they have got great difficulty and they've been involved in dark deeds – that the soul itself is a very pure energy but it's whether the ego is inhabiting the body or not or whether the soul's inhabiting the body.

And that's the real key with this work, it's about making the dominant consciousness the soul, not the ego in your life. To have power here, true power, I'm not talking about power that everybody has given you like maybe the politicians on the planet or the people out there who have given a lot of power... I'm talking about personal power that you are holding

as a soul; that if everything was stripped away from you, all your belongings, everything... everything that's physical you know? – and there you are – you and the soul and you've still got this presence, yeah? this presence... this state of this being, that can be open and you know? without anything, that's what I'm talking about, the true power, because we all have it and if you are interested in the school that's what it's about for me on a really basic level. You do multi-dimensional work, and the reason that you do some multi-dimensional work in it is because your soul is multi-dimensional and it's in other dimensions and you are bringing your soul in – if that makes sense.

How it comes in is that these energy fields open, yeah? These energy fields open – they only open though when the light current is connected, I said that takes an hour, its real simple... the heart opens, yeah? And that takes a lot longer because you have to heal that wound but it can be done in a year, I tell you; and the third is that the power current from the void, the celestial realms is flowing through you because that's what amalgamates everything and unites the love and light and builds this power - this presence builds inside the body... so that's a little summary introduction everybody.